

# Harmony Week Video Launch

## The Voices of Multicultural Community Leaders & their Visions for a more Inclusive Aged Care System

Wednesday 22 March 2023



## OUR VISION

All aged care consumers in Australia experience inclusive and accessible care

---

## OUR PURPOSE

To build the capacity and capabilities of Australian aged care providers to deliver services that are welcoming, inclusive and accessible

---

## OUR SERVICE AREAS



Inclusive practice  
training and workshops



Capacity building to  
promote cultural inclusion  
and equity



Diversity advice and  
consulting

---

The Centre for Cultural Diversity in Ageing is supported by Benetas & funded by the Australian Department of Health and Aged Care through the Partners in Culturally Appropriate Care (PICAC) program.

# What is Harmony Week?

Harmony Week is a time to celebrate Australian multiculturalism.  
Australia is one of the most successful multicultural countries in the world.

The message of Harmony Week is everyone belongs. It is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background.



# Did you know?

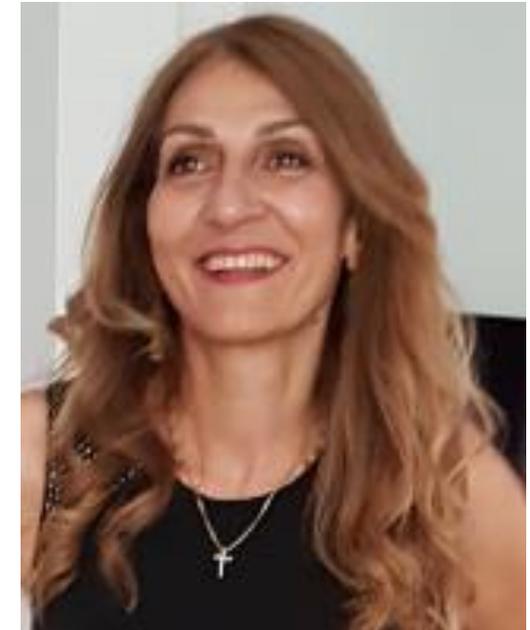
- There are over **420** languages spoken in Australia including **183** Indigenous languages. (Source: SBS)
- The top 5 languages used at home, other than English, are **Mandarin, Arabic, Vietnamese, Cantonese and Punjabi.** (Source: Census 2021)
- Around **37%** of people over 65 years were born overseas. (Source: Census 2021)
- The 2021 Census data collected information from more than **120** religions and faiths.

# Nadereh Edwards

Nadereh Edwards is a specialist in engaging and building the capacity of seniors and senior clubs' leaders. She has over 25 years experience working in Australia and the UK's community and not-for-profit sectors.

Nadereh currently works at Spectrum coordinating the Northern Federation of Ethnic Senior Citizens Clubs in Melbourne.

This initiative provides a platform for older people from culturally and linguistically diverse backgrounds to have a stronger voice in matters that affect them.



# Spectrum - Northern Federation of Ethnic Senior Citizen Clubs





The Northern Federation of Ethnic Senior Citizens Clubs (Federation in Short) is a community empowerment platform, giving a stronger voice to ethnic senior clubs.

We promote and advocate for the importance of positive ageing strategies and social connectedness by celebrating diversity and recognising how the same issues could affect all communities.



Northern Federation  
of Ethnic Senior  
Citizens Clubs





Empowering senior clubs to successfully find solutions to common issues affecting the ageing population.



The Federation is coordinated by Spectrum and offers activities that include training, assistance in preparing funding applications and administrative support in meeting funding requirements, resources and information on relevant activities and programs to the member clubs.



# Advocating and leading change for a more inclusive Australia.



Empower.  
Connect.  
Advocate.



# Contact us

Nadereh Edwards

Federation Coordinator

0435 085 102

[naderehe@spectrumvic.org.au](mailto:naderehe@spectrumvic.org.au)

[spectrumvic.org.au](http://spectrumvic.org.au)





The one thing I'd change about aged care





Celebrating culturally & linguistically diverse  
Senior Citizen Club volunteers



# Q&A

# Where to go for support

# Centre for Cultural Diversity in Ageing Diversity Webinar Series 22-23



**July** Free Translations in Aged Care

**Aug** Collecting Diversity Data to Promote Inclusive Services

**Sep** The Inclusive Service Standards for Beginners – Diversity Coaching Workshop

**Oct** Ten Steps to Developing a Diversity Plan

**Nov** Supporting Older People from Culturally Diverse Backgrounds with a Hearing Impairment

**Feb** Food for Thought – the Link between Food, Culture & Identity

**Mar** Harmony Week Video Launch –The Voices of Multicultural Community Leaders & their Visions for a more Inclusive Aged Care System

**Apr** Recognising Multifaith Initiatives in Aged Care

**May** Culturally Diverse Perspectives on Mental Health Care

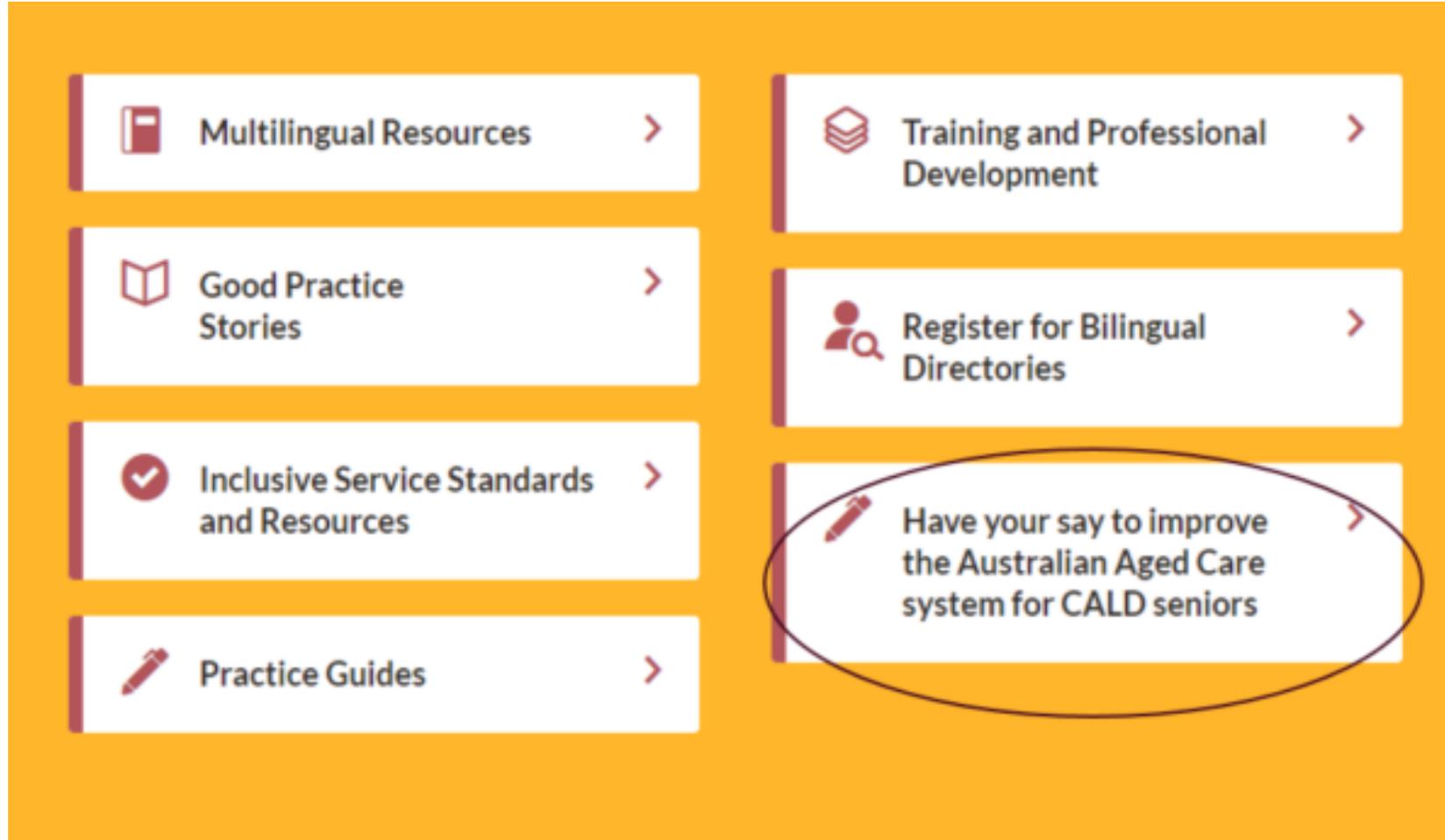
**June** Cultural Awareness Walk & Talk – Hidden Culture/Decolonising Melbourne with Uncle Shane Charles (Face-to-Face Victoria)

Book at [bit.ly/DWS-22-23](https://bit.ly/DWS-22-23)



CPD All webinars can be counted as time spent relating to Continuing Professional Development for nurses to meet the CPD registration standard

# *Have your say* survey on our homepage



[culturaldiversity.com.au](http://culturaldiversity.com.au)

# Everybody has a story – free learning module



## Everybody has a story

Delivering culturally inclusive care



**Everybody has a story: Delivering culturally inclusive care** module by the Aged Care Quality and Safety Commission was created in partnership with the **Centre for Cultural Diversity in Ageing**.

To learn more visit:

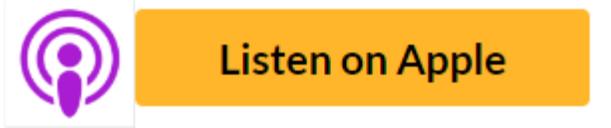
[culturaldiversity.com.au/training-development/everyone-has-a-story](https://culturaldiversity.com.au/training-development/everyone-has-a-story)

# Podcast



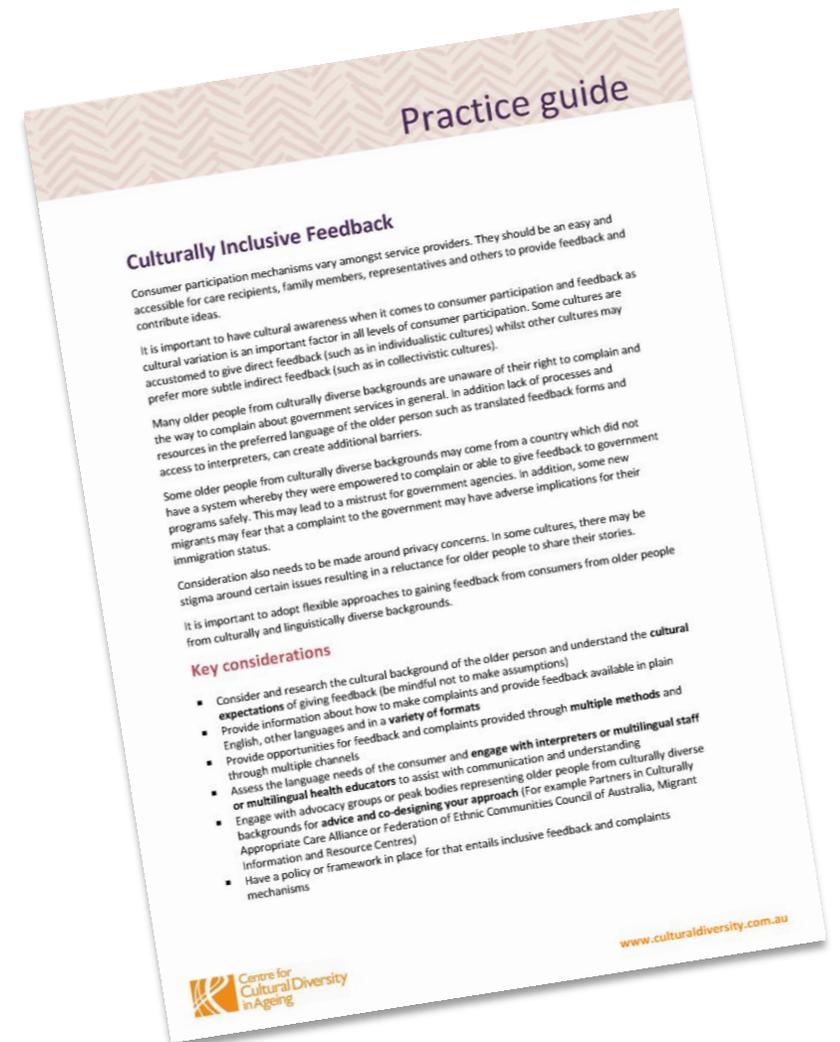
To listen visit:

[culturaldiversity.com.au/news-and-events/podcasts](http://culturaldiversity.com.au/news-and-events/podcasts)



# Practice Guides

- Culturally Inclusive Feedback
- Communication
- Data and Demographics
- Food and Nutrition
- Living Environment
- 10 Steps to Developing a Diversity, Equity and Inclusion Plan in Aged Care
- Spiritual Support
- Working with Bilingual Staff
- Interpreters Policies
- Culturally Appropriate Dementia Care
- Digital Inclusion
- Accessing Interpreter Services
- Effective Co-design with Consumers from Culturally and Linguistically Diverse Backgrounds



Download from  
[culturaldiversity.com.au](http://culturaldiversity.com.au)

# Poster

**SUPPORTING YOUR ORGANISATION TO BECOME CULTURALLY INCLUSIVE**

The Centre for Cultural Diversity in Ageing

**WE CAN SUPPORT YOU WITH**

- How to apply culturally inclusive care for your consumers and their families
- Diversity and inclusion training and tailored consultations
- Links to multilingual aged and health related resources

Funded by the Department of Health through the Partners in Cultural Appropriate Care Program

 **PICAC**  
alliance  
Partners in Culturally Appropriate Care

**Centre for Cultural Diversity in Ageing**  
Supported by Seniors

**Contact Us**  
Address: PO Box 5093  
Glenferrie South Vic 3122  
Phone: (03) 8823 7979  
Email: [info@culturaldiversity.com.au](mailto:info@culturaldiversity.com.au)  
Visit [culturaldiversity.com.au](http://culturaldiversity.com.au)

Download from

[culturaldiversity.com.au/about/promotional-posters](http://culturaldiversity.com.au/about/promotional-posters)

# Different languages, same aged care

One of the 2021 Aged Care Royal Commission's key recommendations was to ensure that diversity is core business in aged care. **Different languages, same aged care** is funded by the Department of Health and Aged Care in partnership with Icon Agency and aims to:

- Enhance the ability of senior Australians to access information through the timely and targeted provision of translating and interpreting services
- Produce and translate information to allow aged care providers to communicate key written messages to their care recipients in languages other than English and other accessible formats

Aged care providers can request in-language materials through a dedicated website by registering their request + any additional materials they want translated at

[diversityagedcare.health.gov.au](https://diversityagedcare.health.gov.au)

# Partners in Culturally Appropriate Care program

The Centre for Cultural Diversity in Ageing is funded through the Department of Health and Aged Care, PICAC program.

The Centre forms part of the PICAC Alliance, a national body comprising PICAC funded organisations across Australia.

The Alliance aims to be a voice and discussion conduit into information, training and resources to inform aged and community care services.

[picacalliance.org](http://picacalliance.org)



# Thank you!

Thank you for participating today.

For more information, good practice stories and resources visit



[culturaldiversity.com.au](http://culturaldiversity.com.au)



[Centre for Cultural Diversity in Ageing](#)



[Centre for Cultural Diversity in Ageing](#)



[CCDAAUS](#)

Thank you Sarah Burrell-Davis  
Digital Content Producer/Consultant  
at Red Hat Films for all your support!



**RED HAT** FILMS