Supporting a Culturally Diverse Workforce

Tuesday 26 September 2023



OUR VISION

All aged care consumers in Australia experience inclusive and accessible care

OUR PURPOSE

To build the capacity and capabilities of Australian aged care providers to deliver services that are welcoming, inclusive and accessible

OUR SERVICE AREAS



Inclusive practice training and workshops



Capacity building to promote cultural inclusion and equity



Diversity advice and consulting

The Centre for Cultural Diversity in Ageing is supported by Benetas & funded by the Australian Department of Health and Aged Care through the Partners in Culturally Appropriate Care (PICAC) program.



Irene Blackberry

Professor Irene is the John Richards Chair and Director of the Care Economy Research Institute at La Trobe University. She has over 20 years of research experience across the care economy in Australia and abroad, predominantly in healthcare, aged care and informal care sectors.

Most recently she has been focusing on addressing the care crisis by breaking down the siloing of care sectors.







Supporting Culturally Diverse Aged Care Workforce

Professor Irene Blackberry

Director, Care Economy Research Institute
John Richards Chair in Rural Ageing Research
Past President, Australian Association of Gerontology Victoria
Editorial Board of Geriatrics, Frontiers in Medicine, Primary Care Diabetes

Irene's slides are not available as the studies are yet to be published. Watch the webinar recording to see Irene present her slides.



Thank you

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Monika Winarnita, Masa Higo, Thomas Klassen, Marita Chisholm, Carmela Leone Funding from La Trobe University

Jeanne Arona

Jeanne is a Clinical Nurse Consultant working at Uniting's Sydney Central Region, Seniors Services. Jeanne migrated from the Philippines in 2014 to pursue her nursing degree at the University of Technology Sydney and has been working in the aged care sector since 2017.

Jeanne advocates for a respectful, inclusive, and progressive culturally diverse workplace.







The power of inclusive workforce practice

Supporting our CALD Workforce Webinar, 26 September 2023

Jeanne Arona, RN (she/her) Clinical Nurse Consultant, Seniors Services



Our diversity and inclusion strategy aspiration

A place where everyone feels safe and confident to be themselves, where diversity is valued to co-create a better world.

Our IMPACT PATHWAYS



Nurturing and valuing our people

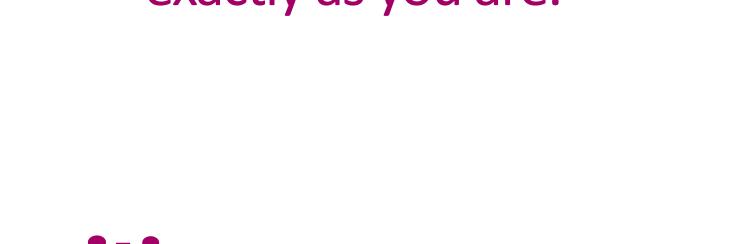


Knowing and empowering our clients



Transforming our communities

Always welcoming you, exactly as you are.





Knowing our people

Employee overall profile



3,325CALD** employees (31.2%)

362Aboriginal employees (3.5%)

FY 23 Annual Report

** Culturally and linguistically Diverse

Aged Care CALD Employee Profile



2,327 (42.5%) Residential Aged Care

202 (19.6%)
Home and Community Care

FY 23 Preceda Employee Data * LOTE

5 top languages

1,189 Nepali	
251 Chinese	174 Tagalog
105 Panjabi	99 Hindi

What are the challenges

Reality (challenge)

English language skills

Experiencing racial discrimination

Communicating with confidence

Capacity to receive Uniting wide information

Speaking in language at work

Staff shortages during cultural festivals

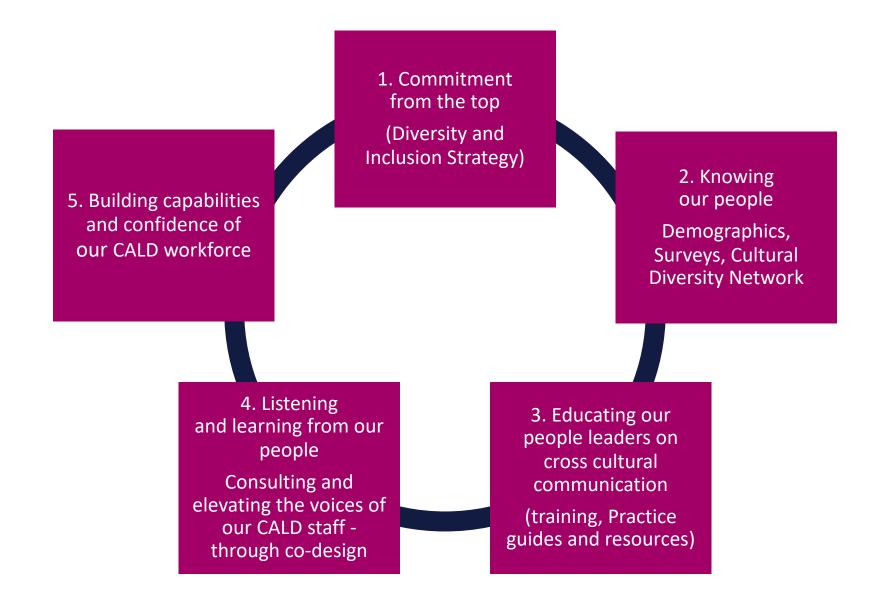
Speaking in language at work

Cross cultural communication

Expectations

Creating Cultural Safety

What are the solutions



Putting solutions into practice



Employee Assistance Program – access to bilingual counsellors

Inspire & Grow: D&I Network Mentoring Program 2023

> Midpoint Session 30 August 2023



D&I Network Inspire & Grow Mentoring Program

Cultural Diversity Course

The Cultural Diversity course helps individuals to gain practical skills and culturally specific knowledge for use in the workplace and everyday life. The content is based on documentation authored by Robert Bean (BA, Grad Dip Education, Cert IV Training and Education, and Managing Director of Cultural Diversity Services Pby Ltd) and provided by the Australian Multicultural Foundation. Content is also derived from video interviews with individuals from a broad range of cultures, and with managers of diverse teams.

The Cultural Diversity course is supported by the Cultural Atlas, a free worldwide resource providing comprehensive cultural information on ove

SBS Cultural
Diversity training







National Asian Leadership Project Conference – 6 CALD





Moya Sayer-Jones (She/Her)

Building confidence through storyteliing Program

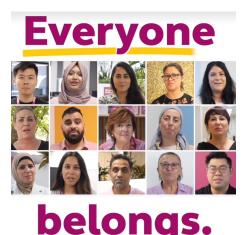
D&I Session at Senior Services Mthly leadership Meetings Manager's calendar of significant events

Manager's Guide- Managing Leave during Festivals.docx

Educating our people leaders

Creating a sense of belonging

Elevating the voices of our CALD people



2023 Harmony Week in-language



Ramadan 2023: attend an Affinity Ramadan home Iftar dinner

The annual Islamic holy month of Ramadan concludes at sundown on Thursday 20 April. There



Ramadan conversations.

Connecting between faiths

"Giving up something during Lent, helps me to reflect on Jesus" death as we prepare to celebrate his resurrection at Easter." Helen Cooper (She) Herb Street Cooper (She) Up Operations Lend "Fasting is not just fasting from food but fasting and reflecting on all aspects of my life."

Hanna Jaber (She/Her) Family Advisor Lebanese Australian Muslim, daughter of Lebanese negrets

Ramadan



Happy Lunar New Year

Gong Xi Fa Cai (Mandarin)
Gong Hei Fat Choy (Cantonese)
Saehae bok mani badeuseyo (Korean)
Suk-san Wan Dtrut-Jeen (Thai)
Chúc mừng tết Nguyên Đán (Vietnamese)
Pihaim thi sanuk sanan (Lao)
Selamat Tahun Baru Cina (Malay)
Selamat tahun baru lunar (Indonesian)

Lunar New Year

Diwali/Deepavali 2022: 22-26 October



Celebrating Diwali/Deepavali- Festival of Lights

Diwali is the five-day festival of lights, celebrated by millions of Hindus, Sikhs, Jains and some Buddhists across the world.

Even people who don't belong to those religions celebrate Diwali in India and other places in south Asia. It's like Thanksgiving and New Year's Eve combined! Diwali, which for some also coincides with harvest and new year celebrations, is a festival of new beginnings and the triumph of good over evil, and light over darkness.

The five days of Diwali.

Traditionally, each day of Diwali has a different focus.

- 22 Oct: The first day is usually a shopping day, especially for gold or silver.
- 23 Oct: The second day is used to decorate the hom

Diwali

Embracing cultural diversity











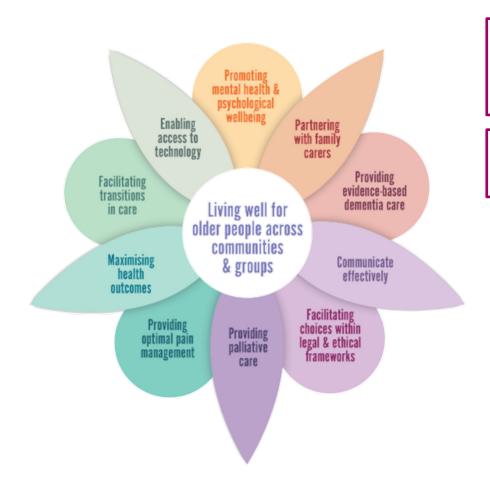






Case study

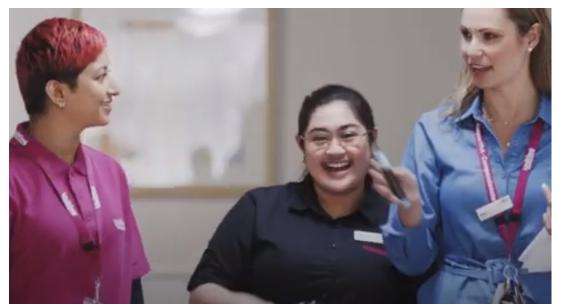
Uniting New Graduate RN program in partnership with University of Wollongong



Living well for older people across communities and groups

Communicate effectively

- Supporting and empowering our CALD
 Graduate RNs to meet the competencies
 so they can confidently apply these
 learnings into practice
- Building our CALD Graduate RNs communication skills so they feel confident in both their verbal and written communication









What we've learnt

1: Commitment from the top

- Demonstrate visible Executive leadership
- Embed commitment to supporting our CALD workforce as part of your core values and mission
- Empower leaders to create safe spaces

2: Listen and Learn from our CALD people

- Involve all levels of your aged care services, with CALD diverse voices being part of the solution
- Create safe spaces for CALD diverse voices to be heard and a structure to strengthen their voices
- Don't underestimate the power of consultations in achieving hope, awareness and buy-in

3: Capacity building of our staff

- Implement capacity building initiatives that are practical and go to the core of the issue
- Evaluate your initiatives





Jeanne Arona (she/her)

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Contact

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Learn more about Uniting NSW.ACT

go to https://www.uniting.org/home



Thank you!

Thank you for participating today.

For more information, good practice stories and resources visit

- <u>culturaldiversity.com.au</u>
- in Centre for Cultural Diversity in Ageing
- **CCDAAUS**

Feel free to contact us at info@culturaldiversity.com.au

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